

City Hall Hours  
Monday-Friday  
8am - 5pm



Volume 17, Issue 3

May - June 2021

# Municipal Munchies

## Caramel Pecan Cheesecake

- 1 package (16 oz) pecan shortbread cookies, crushed
- 1/2 cup butter, melted
- 2 packages (8 oz each) cream cheese, softened
- 1 jar (12 oz) caramel ice cream topping, divided
- 1-1/2 cups cold milk
- 1 package (5.1 oz) instant vanilla pudding mix
- 3/4 cup chopped pecans

In a large bowl, combine cookie crumbs and butter until crumbly. Press into a greased 13 x 9 x 2 baking dish. Bake, at 375 degrees for 10 minutes. Cool on a wire rack. In a large bowl, beat cream cheese and 1/2 cup caramel topping until smooth. In a small bowl, whisk milk and dry pudding mix for 2 minutes. Let set for 2 minutes or until soft set; fold into cream cheese mixture. Spread over the cooled crust. Sprinkle with pecans and drizzle with remaining caramel topping. Cover and refrigerate for at least 6 hours or until set.

Yield: 12-15 servings

### City Calendar

*Council meets the 2nd Tuesday of each month at 6:30 pm.*

*Planning & Zoning meets the 3rd Tuesday of each month at 6:30pm. As needed.*

*Board of Adjustment meets the 1st Tuesday of each month at 6:30pm. As needed.*

### City Holidays

- May 31



### Bulk pick-up

- May 24-28
- June 21-25

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CITY OF LAKE WORTH

May - June 2021

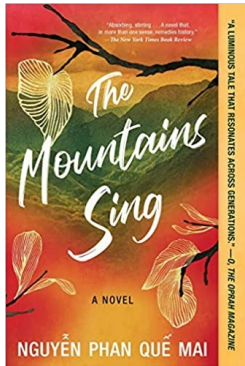


# Mary Lou Reddick Public Library

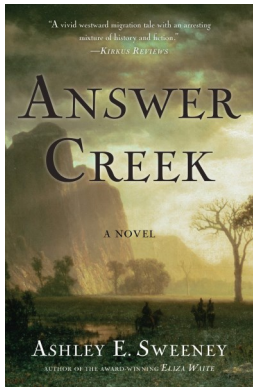
7005 CHARBONNEAU | 817-237-9681  
WWW.LAKEWORTH TX.ORG/LIBRARY

## Second Thursday Book Club

Join us for Book Club on the Second Thursday of every month at Noon



**MAY 13th**  
**The Mountains Sing**  
By Nguyễn Phan Quế Mai  
An engrossing story of family, adversity, war, loss and triumph.



**JUNE 10th**  
**Answer Creek**  
By Ashley E. Sweeney  
A compelling novel about one woman's complicated relationship with her *mother-in-law*.



## Take Home Craft Kits

Pick up one our weekly craft kits for kids to work on at home.

*Kits are free while supplies last.*



## Storytime is Back!

Wednesdays at 10:30

Join us each week for stories, songs & a make-and-take craft.

*Storytime is recommended for children ages 2—6*

## Memorial Day Holiday Hours

Friday, May 28th | 9:00-1:00 PM

Saturday, May 29th | CLOSED





L . O . B u d I r b y  
**Lake Worth Senior Center**  
**May / June Activities**

7005 Charbonneau | 817-237-3281  
[www.lakeworthtx.org](http://www.lakeworthtx.org)

**Community  
 Health  
 Classroom**

**May 19th and  
 June 16th**  
**1:30 PM**



*Free interactive classes designed to help seniors take control of their health and continue to live independently. Different topics each month with free blood pressure checks at each session.*

**A Talk with the Doc**

**May 21st**  
**12:30 PM**

*Join us for a doctor talk from Jason Meyer, DC, on Optimal Health Through Nutrition as well as allow for questions and answers.*

Hosted by Care n Community



**Birthday  
 Celebrations**  
**May 28th and  
 June 25th**

*Help us celebrate the monthly birthdays of our members by enjoying a free birthday dessert!*  
 Sponsored by United Heath Care

**Blood Drive**

**June 22nd**  
**9:00 AM—2:00 PM**

Give blood and save a life!  
 All successful donations will receive free COVID-19 antibody testing.



**Alzheimer's Awareness Class**

**June 25th | 12:30 PM**

*Learn about the early signs of Alzheimer's as well as how to help yourself or a loved one with Alzheimer's continue to live a healthy, happy life.*

# FIND YOUR SUPERPOWERS!



**ADD MORE FRUITS & VEGETABLES  
TO YOUR LIFE AND DISCOVER THE  
POWER OF COLOR!**

Did you know that certain fruits and vegetables have **SUPERPOWERS**? They come in many colors and can help you maintain a healthier weight, boost your energy, and add vitamins and minerals to your diet. Some may also help lower your risk of cancer, high blood pressure, and other chronic diseases. Add a rainbow of colorful fruits and vegetables to your life and discover your own superpowers!

**RED**

**HEART STRONG!**



Red fruits and vegetables, such as tomatoes, red bell peppers, radishes, rhubarb, and strawberries, can pack a punch when it comes to fighting colds, some cancers, and heart disease. They can also aid in relieving symptoms of rheumatoid arthritis.

**ORANGE/YELLOW**

**AIDS EYESIGHT!**



You won't have X-ray vision, but you can have improved eyesight and a healthier heart by adding carrots, apricots, cantaloupe, papayas, peaches, sweet potatoes, and other oranges and yellows to your diet. They may also help prevent high blood pressure and promote healthy joints and bones.

**GREEN**

**BOOSTS IMMUNE SYSTEM!**



Avocados, asparagus, broccoli, greens, peas, and other green fruits and vegetables can boost the immune system – potentially reducing cancer risks – and they're important for digestion, too.

**BLUE/PURPLE**

**SLOWS THE AGING PROCESS!**



Stay young with blueberries, eggplant, plums, prunes, raisins, grapes, blackberries, and other blue and purple produce, which are rich in anti-oxidants that can provide anti-inflammatory and anti-aging benefits.

**WHITE**

**DISEASE FIGHTERS!**



White is the good guy, especially when it comes to cauliflower, garlic, onions, turnips, white corn, jicama, mushrooms, bananas, and parsnips. These super heroes can help lower blood pressure and cholesterol and reduce the probability of stomach cancer and heart disease.



## WATER

**COMPOSES 75% OF YOUR BRAIN**

**REGULATES YOUR BODY TEMPERATURE**

**MAKES UP 83% OF YOUR BLOOD**

**REMOVES WASTE**

**COMPOSES 22% OF YOUR BONES**

**CUSHIONS YOUR JOINTS**

**HELPS CARRY NUTRIENTS AND OXYGEN TO YOUR CELLS**

**MOISTENS OXYGEN FOR BREATHING**







**HELPS CONVERT FOOD TO ENERGY**

**PROTECTS AND CUSHIONS YOUR VITAL ORGANS**

**HELPS YOUR BODY ABSORB NUTRIENTS**

**MAKES UP 75% OF YOUR MUSCLES**


## 21 WAYS TO EAT YOUR WATER

ICEBERG LETTUCE <b>96%</b> WATER	GREEN CABBAGE <b>93%</b> WATER	
RED TOMATO <b>94%</b> WATER		
	RADISH <b>95%</b> WATER	ZUCHINNI <b>95%</b> WATER
PINEAPPLE <b>87%</b> WATER		STRAWBERRIES <b>92%</b> WATER
CUCUMBER <b>96%</b> WATER		WATERMELON <b>92%</b> WATER
PEACH <b>88%</b> WATER	APRICOT <b>86%</b> WATER	SWEET PEPPERS <b>92%</b> WATER
ORANGE <b>87%</b> WATER		RASPBERRIES <b>87%</b> WATER
CRANBERRIES <b>87%</b> WATER	GRAPEFRUIT <b>91%</b> WATER	CANTALOUPE <b>90%</b> WATER
	CAULIFLOWER <b>87%</b> WATER	SPINACH <b>96%</b> WATER
		CELERY <b>96%</b> WATER

## CodeRED Mass Notification System

During [#WinterStorm2021](#) the city of Lake Worth utilized CodeRED to distribute mass notifications to residents and business personnel. CodeRED helped keep all those subscribed for notifications up-to-date on our water situation in the city.


If you have not signed up, please review the information below for guidance.


If you have moved away from Lake Worth, wish to opt-out of notifications, or have general questions, please  email our Emergency Management Coordinator Joseph Laster ([josephlaster@saginawfire.us](mailto:josephlaster@saginawfire.us)).

This free service provides the option to sign up for emergency and/or general alerts from the city of Lake Worth.

SIGN UP TODAY- Visit <https://public.coderedweb.com/CNE/en-US/B9DC09D2DF8F>

OR text LAKEWORTHAWARE (all caps) to 99411

 **RECEIVE ALERTS-** Alerts for severe thunderstorms, flash floods and tornadoes will be delivered via phone call, text, email, or a combination of all three, based on your specific preferences.

 **BE ALERT-** Residents in the direct path of severe weather will receive alerts after a warning is issued by the National Weather Service. Listen carefully to the message and take immediate action, if indicated, to protect yourself, your loved ones, and your property.

### Lake Worth Municipal Court

#### Municipal Court Texting

If you receive a citation from a Lake Worth Police Officer and provide your cell phone number, the Municipal Court will send out reminders regarding your citation, so you don't miss any important dates. If you have received a citation and want to update your phone number please contact the Municipal Court at 817-255-7910 and a clerk can assist you.



### Lake Worth Municipal Court

#### Safe Harbor Initiative

Anyone who has outstanding warrants with the Lake Worth Municipal Court is urged to appear at the court office to resolve their outstanding charges. Defendants that appear in the court office will not be arrested for outstanding warrants issued by the Lake Worth Municipal Court. You may be eligible for alternative ways to payment, such as community service or a reduction in the fine amount. Your warrants will be recalled, and you will be scheduled to see the Judge to discuss your situation. Please contact the Lake Worth Municipal Court at 817-255-7910 to see if you have any outstanding charges that need to be resolved or if you have any questions.



## Winter Averaging:

The City of Lake Worth bills residential water accounts a fixed sewer rate that is based on winter averaging water consumption. The sewer charge is re-evaluated every year based on the water consumption shown on your December, January, and February billings (Nov, Dec, and Jan actual consumption). This new rate goes into effect with the April's billing. Sewer charges for commercial accounts are based on the actual water consumption each month.

If, for example, your residential consumption was 5000, 2000 and 3000 for these months, we would take the average of these three amounts (3333) times 0.00493 for a charge of \$16.43 plus the base charge of \$14.95, for a total of \$31.38 for an inside city limit account.

RESIDENTIAL SEWER	Rate 1 Inside City Limits	Rate 1 Outside City Limits
Ready for Service	\$ 14.95	\$ 22.43
Per thousand	\$ 4.93	\$ 7.40

If you have a leak during the averaging months and you want your sewer rate to be manually calculated, you must submit a request for re-consideration of winter sewer average form, which can be obtained in office, along with proof that the problem has been fixed. You can submit a request after November's billing through June 30<sup>th</sup> of each year.

Fewer water consumption in December, January, February = lower sewer charges.



For any billing questions please call 817.255.7900.

## Water Meter Replacement

Lake Worth is currently in the process of upgrading water meters throughout the city. With these new meters, you can now be in total control of your water consumption by setting up an account online, which also comes with an app that you can set up on your smartphone.

The following instructions will walk you through the steps of creating your online account, you can also access this information from the City's "Public Works" webpage and click on the [EyeOnWater](#) link:

1. Visit <https://eyeonwater.com/signup> on your computer using a supported web browser.
2. Enter your billing zip code: Example **76135**.
3. Enter your billing account number: **Example: 0010001111007** and click on Next button,
4. Enter and confirm your email address.
5. Create and confirm a password.

You'll get a confirmation email from EyeOnWater. You must verify your email address by clicking on this link. Once you do, you can sign in using your email and password.

If you have more than one water account and want to link them all to your EyeOnWater dashboard, do the following:

1. Log into EyeOnWater.com.
2. Click the text that says Link More Accounts above the Consumption Graph on the right side of the screen.
3. Enter the account number.
4. Enter the service location zip/postal code.
5. Click Next.
6. If the account displayed belongs to you, click Link Account.

\*\*Repeat steps 2-6 as needed to link additional accounts.\*\*

## Utility Billing Department

Payment options are to pay in person, by mail, or by making a payment through nCourt online or by telephone for an additional fee. All payments received prior to 5:00 pm on a business day will be posted the same day.



www.ThePaymentGroup.com

PH: 888-744-0584

You **must** have your account number and amount due to pay.

If you have any questions, please call the Utility Billing Department at 817-255-7900.

**Watering restrictions are YEAR-ROUND: No watering between the hours of 10:00 AM to 6:00 PM.**

### KNOW YOUR WATERING SCHEDULE

#### MONDAY

No watering with sprinklers or irrigation systems

#### TUESDAY & FRIDAY

Non-residential sites (apartments, businesses, parks, common areas)

#### WEDNESDAY & SATURDAY

Residential addresses ending in 0, 2, 4, 6, 8

#### THURSDAY & SUNDAY

Residential addresses ending in 1, 3, 5, 7, 9

### Numbers to Remember



City Hall	817-237-1211
Public Works	817-237-7210
Library	817-237-9681
Senior Center	817-237-3281
Police	817-237-1224
Property/Evidence	817-237-1224 x313
Animal Control	817-238-8738
Code Compliance	817-237-1211 x 111
Fire	817-237-7461
Tarrant Co. Tax	817-238-4438
<b>(Property Tax &amp; Car Registration)</b>	
DPS (Drivers License)	817-238-9197
County Clerk	817-238-4420
Health Dept.	817-238-4441
LW Post Office	817-237-5128
Waste Connections	817-222-2221

#### Lake Worth Museum

7001 Charbonneau Rd

Hours:

Thursday – Saturday

10:00 a.m. – 2:00 p.m.

Annual Membership

Dues:

Individual.....\$10

Family.....\$15



It's easy to join our mailing list!

Just send your email address by text message:

Text

**LAKEWORTH**

to **22828** to get started.

Message and data rates may apply.



### May '21

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

### June '21

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



City Holiday



Water bill due



Late water bill due



Bulk pick up days



1st day to set out bulk items



Last day to set out Bulk