



Municipal Munchies

Keto Creamy Chicken, Bacon and Cauliflower Bake

Ingredients:

- 1TBSP Olive oil
- 2 TBSP Butter
- 1 TBSP Minced garlic
- 1 Small cauliflower trimmed & cut into bite sized florets
- 3 Slices of bacon cut into strips
- 1 Bunch of chopped spinach
- 1/2 Cup of heavy whipping cream
- 2 TSP thyme
- 2 Shallots or green onions
- 6 Boneless chicken thighs
- 1/2 Cup cheese
- Salt & pepper to taste



Directions:

- *Heat oven 350 degrees & prepare and grease 9X13 baking dish
- *In a large pan, heat olive oil and butter. Once melted, add cauliflower and bacon. Cook for approximately 8 to 10 minutes until lightly brown.
- *Add spinach to the pan. Cook stirring for about 2 minutes. Remove from heat then add heavy whipping cream, thyme, and half of the onions. Combine together then transfer to prepared dish.
- * In that same pan, spray oil or add butter then add chicken. Season with salt and pepper. Brown on both sides for approximately 2 minutes.
- *Transfer chicken into the pan with the cauliflower mixture. Sprinkle cheese on top.
- *Bake for 20- 30 minutes or until golden brown. Stand for 5 minutes. Top with the remaining onions.

Serves 4ppl

Per Serving: Calories - 484 Protein - 34g Carbs - 6g

City Calendar

Council meets the 2nd Tuesday of each month at 6:30 pm.

Planning & Zoning meets the 3rd Tuesday of each month at 6:30pm. As needed.

Board of Adjustment meets the 1st Tuesday of each month at 6:30pm. As needed.

City Holidays

- September 6



Bulk pick-up

- September 27-1
- October 25-29

Inside this issue:

| | |
|-----------------|-----|
| Library | 2 |
| Senior Center | 3 |
| Public Works | 4-5 |
| Animal Services | 5 |
| Police Dept. | 6 |
| Municipal Court | 6 |
| Community Info. | 7 |
| Utility Billing | 8 |
| Phone List | 8 |





Mary Lou Reddick Public Library

7005 CHARBONNEAU | 817-237-9681
WWW.LAKEWORTHTX.ORG/LIBRARY

Tail Waggin' Tutors

First Wednesday of Every Month!



September 1st
October 6th
4:00—4:30 PM

This program creates excitement about reading and is a great opportunity for children to build confidence and improve their reading skills. Our therapy dog is certified by Therapy Dogs International.



Preschool Storytime

Wednesdays | 10:30 AM

Join us for stories, songs and a make-and-take-craft. Preschool Storytime is designed to spark curiosity and inspire imagination. It can also help develop your child's social and communication skills.

Halloween Slime Lab

Wednesday, October 27th

3:30—5:30 PM

Make your own slime at the Library!

STEAM Play Time at the Library

Science, Technology, Engineering, Art & Math

Thursdays | 3:30 - 4:30 PM

Discover, create and build with Legos, Mega Blocks, Play-Doh, K'nex, Picasso Tiles & More!



Second Thursday BOOK CLUB

September 9th
The Pull of the Stars
October 14th
The Silent Patient

September is *Library Card Sign-Up Month*. Visit the Library to apply for yours!



L . O . B u d I r b y
Lake Worth Senior Center
September / October Activities

7005 Charbonneau | 817-237-3281
 www.lakeworthtx.org



September 16th
1:00 pm

Learn how to reduce your fall risk at this free fall prevention workshop hosted by Care N' Care.

Carter BloodCare
Blood Drive
September 21st
9:00 am —1:00 pm

Each unit of blood donated can save up to 3 lives! Appointments are strongly recommended. Visit or call the center for help registering.



September 24th | 12:30 pm
 Join us for a will and estate planning lunch and learn with McGee law firm.



LIFE IS SHORT.
Eat Dessert first.



NATIONAL DESSERT DAY

Thursday
October
14th
Serving
Dessert
all day

Celebrate National Dessert Day!



Medicare Seminar

October 22nd | 12:30 pm

Attend this free seminar for help understanding your Medicare options.



What is Stormwater?

Stormwater is rain that falls on roofs or paved area like driveways and roads. It picks up chemicals and materials that are not naturally found in our waterways ie. fertilizers, cigarette butts, leaves, oil, soaps, etc. and carries them directly into the surrounding lakes and rivers. Stormwater is separate from the sewage system, unlike wastewater, rainwater is not treated, and flows directly into the bodies of water that we use for swimming, fishing, and those that provide drinking water. Polluted runoff is the nation's greatest threat to clean water.

What's the Problem?

Rain washes pollutants from the streets and construction sites into storm sewers and ditches. Eventually, the polluted water from these systems gets washed into streams and rivers with no treatment. This problem is known as stormwater pollution. Stormwater pollution can have many adverse effects on creeks, rivers, lakes, and water supplies as well as plants, fish, animals, and people.

What can you do to help?

Many routines activities that you perform at home can have significant negative impacts on our stormwater system. Through some of these simple at home measures, you can help protect our natural resources.

- ❖ Sweep your gutters and driveways instead of hosing them down
- ❖ Put leaves in the compost or the garden as mulch
- ❖ Use commercial carwashes instead of washing your car in your driveway
- ❖ Have routine maintenance performed on your cars to prevent leaks and properly dispose of fluids
- ❖ Clean up pet waste
- ❖ Use chemical pesticides as a last resort, know your pest, and narrowly target it
- ❖ Do not apply fertilizers in excess or if rain is forecasted
- ❖ Plant grass where soil is exposed and enclose your garden beds to contain soil and other substances
- ❖ Properly dispose of hazardous household products



Fees will go into effect October 1, 2021

a. **Single Family Property Fees.** Residential properties shall be measured as one Equivalent Residential Unit (ERU) per month. Regardless of the actual amount of impervious cover on such properties. Each benefiting residential property shall be assessed a fee of \$2.00 per month.

b. **Non-Single-Family Property Fees.** Stormwater utility fees for non-residential property, excluding Lake Worth Independent School District property, shall be calculated for each benefited property using the impervious area in square feet (SF) at the following rate:

Fee = Allocated Impervious Area on the Parcel(s) in square feet (SF) X (\$0.00057/SF/month.)



Animal Services Information:

- All domestic pets (dogs, cats, and ferrets) over four (4) months of age must be currently rabies vaccinated and registered yearly with the City. Animal tags can be obtained at City Hall, 3805 Adam Grubb.
- All livestock including horses, sheep, goats, cattle, and pigs (swine) are not permitted in City limits.
- Roosters, ducks, geese, guinea fowl, and turkeys are not permitted in City limits.
- Six (6) hens (female chickens) are permitted in an adequate fowl shelter, with annual inspections and the required hen permit.

If you have any questions call 817-238-8738.



Police Dept. Announcements



WALKING SAFELY

WHEN WALKING AFTER DARK, REMEMBER TO WEAR BRIGHT OR REFLECTIVE CLOTHING. DOING SO HELPS KEEP YOU AND THOSE AROUND YOU SAFE.

PEGS INCLUDED!



Lake Worth Municipal Court

Municipal Court Texting

If you receive a citation from a Lake Worth Police Officer and provide your cell phone number, the Municipal Court will send out reminders regarding your citation, so you don't miss any important dates. If you have received a citation and want to update your phone number please contact the Municipal Court at 817-255-7910 and a clerk can assist you.



Lake Worth Municipal Court

Safe Harbor Initiative

Anyone who has outstanding warrants with the Lake Worth Municipal Court is urged to appear at the court office to resolve their outstanding charges. Defendants that appear in the court office *will not be arrested* for outstanding warrants issued by the Lake Worth Municipal Court. You may be eligible for alternative ways to payment, such as community service or a reduction in the fine amount. Your warrants will be recalled, and you will be scheduled to see the Judge to discuss your situation. Please contact the Lake Worth Municipal Court at 817-255-7910 to see if you have any outstanding charges that need to be resolved or if you have any questions.



PRESENTED BY THE
CITY OF LAKE WORTH

FREE EVENT!



**Wear your
costume!**

**TRUNK
OR
TREAT**

**Face painting
photo booth**

October 28th | 5:00 - 7:00 pm
Lake Worth Multi-Purpose Center
7005 Charbonneau Road

TRUNKS & CANDY NEEDED! TO REGISTER CALL 817-237-3281

Utility Billing Department

Payment options are to pay in person, by mail, or by making a payment through nCourt online or by telephone for an additional fee. All payments received prior to 5:00 pm on a business day will be posted the same day.



www.ThePaymentGroup.com

PH: 888-744-0584

You **must** have your account number and amount due to pay.

If you have any questions, please call the Utility Billing Department at 817-255-7900.

Watering restrictions are YEAR-ROUND: No watering between the hours of 10:00 AM to 6:00 PM.

KNOW YOUR WATERING SCHEDULE

MONDAY

No watering with sprinklers or irrigation systems

TUESDAY & FRIDAY

Non-residential sites (apartments, businesses, parks, common areas)

WEDNESDAY & SATURDAY

Residential addresses ending in 0, 2, 4, 6, 8

THURSDAY & SUNDAY

Residential addresses ending in 1, 3, 5, 7, 9



It's easy to join our mailing list!

Just send your email address by text message:

Text

LAKEWORTH

to **22828** to get started.

Message and data rates may apply.



Numbers to Remember



| | |
|--|--------------------|
| City Hall | 817-237-1211 |
| Public Works | 817-237-7210 |
| Library | 817-237-9681 |
| Senior Center | 817-237-3281 |
| Police | 817-237-1224 |
| Property/Evidence | 817-237-1224 x 313 |
| Animal Control | 817-238-8738 |
| Code Compliance | 817-237-1211 x 111 |
| Fire | 817-237-7461 |
| Tarrant Co. Tax | 817-238-4438 |
| (Property Tax & Car Registration) | |
| DPS (Drivers License) | 817-238-9197 |
| County Clerk | 817-238-4420 |
| Health Dept. | 817-238-4441 |
| LW Post Office | 817-237-5128 |
| Waste Connections | 817-222-2221 |

Lake Worth Museum

7001 Charbonneau Rd

Hours:

Thursday – Saturday

10:00 a.m. – 2:00 p.m.

Annual Membership

Dues:

Individual.....\$10

Family.....\$15



City Holiday



Water bill due



Late water bill due



Bulk pick up days



1st day to set out bulk items



Last day to set out Bulk

September '21

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | ★ | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

*Labor Day-6

October '21

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |